

NEWSLETTER



Spinning Babies Class



Our Labor & Delivery nurses recently spent a full day learning a technique called Spinning Babies®, which uses specific movements and positions to help babies get into the best alignment for birth. This training helps promote comfort during pregnancy, supports smoother labor progress, and can even reduce the need for extra medical interventions. Nurses who attended commented that this was one of the best trainings they have experienced. The class was made possible thanks to a Rural Texas OB Grant secured by our CFO, Debbie Beck. We are so proud of our L&D Nursing team for dedicating their time to learning new ways to support and care for our local families.

Save the Date for our Health Fair



Our annual Health Fair is scheduled for October 13th at the Ochiltree County Expo. We are organizing exhibits and working to bring more information and awareness to our community this year. If you want to be an exhibitor or know someone who does let us know.



Ranger Ice visits The Seasons

Our residents at The Seasons Assisted Living enjoyed snow cones from Ranger Ice. OGH staff were invited to join the residents and purchase a snow cone. Thank you to Ranger Ice and to our coordinators Julia Buttry and Judy Yarborough for always coming up with creative activities for our residents.

LUNCH & LEARN

“Fun in the sun, how to stay safe out there!” – Summer Safety

Dr. Childers & Susan Childers, APRN

July 16th, 2026

12:00–1:00 PM

Senior Citizen Center

Join Us

- Free Lunch
- Real Stories
- Resources

Lunch & Learn for July: Summer Safety

Dr. Childers and Susan Childers, APRN will host a Summer Safety Lunch & Learn on July 26th at noon at the Senior Citizen Center. This month's featured topic is Summer Safety, offering valuable tips on how to be safe while having fun in the summer sun. Secure your spot by calling 806-648-7402 or by emailing amarrufo@oghtx.com.



OGH PULSE



Employee Recognition



Idalia Gonzales
Surgery

Employee of the Month

We are incredibly proud to spotlight Idalia from our surgery team for her outstanding dedication to excellence everyday. Her expertise in orthopedic and general procedures ensures our OR runs seamlessly, her ability to anticipate surgeon needs directly elevates patient safety and outcomes. Beyond her incredible skills, Idalia has been an invaluable mentor to our new scrub techs over the past year, guiding them with patience and professionalism. She truly leads by example, and we are so grateful for the impact she makes on both our team and our patients.

OGH Birthdays

- | | |
|----------------------------|-------------------------|
| Brian Chavez- Jul 2 | Hannah Barnes- Jul 15 |
| Jacqueline Mercado- Jul 5 | Laci Keetch- Jul 15 |
| Itzy Zapata- Jul 5 | María Domínguez- Jul 16 |
| Nubia Castanon- Jul 8 | Gabriela García- Jul 19 |
| Kelin Harrison- Jul 9 | Maggie Flores- Jul 22 |
| Alejandro Gallardo- Jul 12 | Logan Reagan- Jul 23 |
| Rhonda Daniels- Jul 13 | Madeim Zavala- Jul 26 |
| Angelica Macias- Jul 13 | Brady Burdick- Jul 28 |
| Esmeralda Mendoza- Jul 13 | Justin Parrish- Jul 30 |
| Savanna Jones- Jul 14 | Yesenia Herrera- Jul 31 |
| Kenia Quezada- Jul 14 | Beatriz Ortega- Jul 31 |

New Employees

- Maegan Lawder- Business Office
- Yuri- Gabrielle Chico- Housekeeping
- Jennifer Patrick- Home Health
- Hannah Barnes- Business Office
- Isaiah Gallegos- Business Office
- Venay Lasko- Seasons
- Clarabel Hernandez- Nursing
- Janett Arreola- Seasons
- Lindsey Valenzuela- Seasons
- Averi Rosales- Seasons

From the Staff

Excitement is building as we prepare to celebrate Assisted Living Week! From September 13-19, our community will come together for a week of engaging activities and special events centered around this year's theme, "Capturing the Moment." Throughout the week, we'll be creating meaningful experiences and lasting memories with our residents. Stay tuned for more details on the exciting celebrations ahead!

Sandra Burton
Director of Long-Term Care

OGH Anniversaries

- | | |
|-------------------------------|-----------------------------|
| Daniel Rangel Vasquez- 1 Year | Reghan Garcia- 6 Years |
| Laura Araujo- 1 Year | Fernanda Loya Barron- 6 Yrs |
| Deb Aylor- 1 Year | Barbara Ledbetter- 7 Years |
| Katrina Thompson- 1 Year | Tony Black- 7 Years |
| Maria Miranda- 1 Year | Dr. DeWitt- 8 Years |
| Anaihy Trejo- 2 Years | Itzy Zapata- 8 Years |
| Jenifer Trejo- 2 Years | Ashley Martinez- 9 Years |
| Sandra Frias- 3 Years | Brenda Armendariz- 11 Years |
| Nikki Ray- 4 Years | Candace Holmes- 13 Years |
| Julie Lopez- 4 Years | Lyuda Battin- 18 Years |
| Tanya Navarrete- 4 Years | Carmen Bernal- 34 Years |
| Bivianna Ontiveros- 6 Years | |

