The Heart of a Healthy Community



BEST WISHES FOR A WONDERFUL 2021

Though 2020 will be remembered for many things in the years to come, the one memory that will always be foremost in the minds of nearly all is the unprecedented global pandemic. The strain COVID-19 has placed on the healthcare system of the United States will be remembered

and hopefully be a lesson to all leaders – nationally as well as locally – in the coming years as we plan for future healthcare events and needs. We all look back and remember fondly the friends and family that were lost to this pandemic and trust that all will work to see that the events of

the last year never happen again. Modifications to facilities, staffing and local medicine in general have taken place. Masks, gowns and safety equipment should always be readily available. Buildings should be safer for patients as well as healthcare ...

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Name: Arely Gamez Date of Birth: 01/05/2021 Weight: 7 pounds 9 ounces Physician: Dr. Blake DeWitt

Please join us in congratulating new parents Roberto and Evelyn!



KINNARD NAMED EMPLOYEE OF THE YEAR FOR 2020

Ochiltree General Hospital is proud to announce Jyme Kinnard as our 2020 Employee of the Year.

Jyme has been a team member here at Ochiltree General for 10 years before taking on the role of Assistant Chief Nursing Officer, Trauma Nurse Coordinator and Infection Control. When asked what she loves about her job, Jyme cites the sense of family that working in a rural healthcare environment fosters especially during a year that created unprecedented challenges.

"This has been the most trying year most of us have ever experienced. You never believe that you will see a pandemic, let alone be right in the middle of it. We have lost many friends, family and patients. We continue to pray for and care for others. And we are tired," Jyme says. "But every day we all wake to do it again. None of us could have gotten



through this year without the support of each other, our doctors, our community and especially our God! Each of you are why I love what I do. Our community gives us the strength to do it all over again and again each day."

Jyme says that every single person at Ochiltree General has gone through tremendous change and stress in 2020, but no one has given up. Staff have

made changes that worked as well as changes that haven't, only to regroup and make more changes.

"We are a family. We will always get through whatever is thrown at us and I would like to commend everyone for stepping up daily to do what has needed to be done, "Jyme says. "The leadership and guidance from our medical staff, Board of Directors and administration has been invaluable in the last year. Thank you will never be enough." Jyme's support system includes her husband Monty, Store Director at United Supermarkets; children Courtney, 27, who works at United Supermarkets, Aaron, 25, who works at Apocalyptic Fabrication, Callan, 21, a Registered Nurse at Ochiltree General Hospital and Logan, 22, a First-Class Lineman at North Plains Electric Cooperative; as well as grand dogs Katy and Kahlo.

BEST WISHES

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... staff and more secure for times when needed. Telemedicine has been invaluable and should be better reimbursed and more readily used. Looking toward the future of Ochiltree General, despite the events of 2020 your local hospital began the remodel of the Ochiltree General surgery area creating a designated surgical suite for c-sections and a newly remodeled Radiology Department. A new and faster computed tomography (CT) machine has been purchased and installed while a new x-ray room is receiving upgraded equipment to be completely digital. The total for this project is approximately \$1.1 million.

Planning and fundraising continue for the OGH Healthcare Foundation's Capital Campaign Project which will ensure the expansion and remodeling of our hometown hospital. The community has raised over \$3 million for this project and the OGH Healthcare Foundation is now applying for grants to continue the process.

The future is bright for Ochiltree General Hospital as we recently recruited one new physician and will be recruiting another in the near future. Not only has Ochiltree County Hospital District added general surgery, but we have converted our Emergency Department to be staffed exclusively by local physicians which will ensure continuity of care from the ER through to the patient's Primary Care Physician. As always, providing the highest quality of care remains a priority here at Ochiltree General Hospital.

As we move into 2021, please know that your hometown hospital is here for you and is committed to remaining the heart of a healthy community well into the future.

Sincerely, Leroy Schaffner CEO, Ochiltree General Hospital

OGH UPDATES MAIN HOSPITAL VISITOR POLICY

Due to the decline of COVID-19 positive cases in our community, Ochiltree General Hospital will once again be changing protocols to protect our patients while also allowing visitation.

Effective Monday, January 25, 2021, Ochiltree General Hospital began allowing patients admitted into OGH under acute, outpatient or swing bed services to have two (2) authorized people over the age of 18 enter the facility daily from 7:30 a.m. to 4:30 p.m.

Patients admitted through the OGH Emergency Department as well as Obstetrics can have two authorized people at any time after they present for care. Authorized visitors must meet the following criteria:

1. This person must be screened for symptoms, temperature taken and asked about possible exposure to SARS-CoV-2. Any individual with symptoms or who has been advised to self-quarantine because of exposure should be prohibited from visiting.

2. All persons entering the facility must wear a face mask at all times. Visitors must also maintain hand hygiene and appropriate social distancing. Full PPE

must be worn when visiting COVID-19 positive patients.

- 3. No more than two visitors will be allowed.
- 4. Visitors will enter through the ER entrance.
- 5. Visitors may consider testing



for themselves, but this will not change the approach to screening for symptoms, signs and exposure and utilization of face covering. 6. Visitors must be limited to the patient room. They may not enter other patient care areas, food vending

areas, cafeteria, or the nurse's station.

Any meetings with the staff must take place in the patient room.

- 7. Virtual visits will continue to be encouraged.
- 8. Screens have been removed from windows and room numbers are in blue on outside windows in order

to promote extended family and friends to visit outside and allow patients to physically see their loved ones. Please do not open windows. 9. Visitors assume the liability of entering the facility where SARS-CoV-2 and other communicable diseases are prevalent at this time. Ochiltree General Hospital may revisit this policy at any time due to prevalence of COVID in the community or in our facility, staffing levels and PPE supplies. As always, we will remain diligent in the care, transmission and prevention of COVID-19.

If you have any questions or concerns, please do not hesitate to contact Infection Control Officer, ACNO Jyme Kinnard, at jlkinnard@ oghtx.com, Chief Nursing Officer Kelly Judice, RN, at kjudice@oghtx.com or call the hospital main line at 806-435-3606.

UPDATES FROM THE SEASONS ASSISTED LIVING

The events of the past year have certainly changed life for residents of The Seasons Assisted Living, but life within The Seasons continued to be fun-filled despite what was going on outside its walls. Due to the decline of COVID-19 positive cases in our community, The Seasons is thrilled to announce our newly adapted visitation policy which protects our residents while also now allowing resident-approved essential caregivers.

The Seasons would like our community to know that each resident is able to designate two (2) essential caregivers who are able to enter the facility to visit with their resident. One essential caregiver per resident is permitted into the building at a time. The following are some important details to note:

- 1. Residents are allowed visitors in an outdoor setting other than their two (2) designated essential caregivers. Please call the front desk of The Seasons at 806-648-1884 at least 24 hours in advance to schedule your outdoor visit.
- 2. Each visit is limited to two hours.
- 3. Visits with two (2) designated essential caregivers can occur outdoors, in the resident's bedroom or in another area in the facility that limits visitor movement through the facility and interaction with other residents.
- 4. Essential caregiver visitors do not have to maintain physical distancing between themselves and the resident they are visiting, but must maintain physical distancing between themselves and all other residents and staff of The Seasons. 5. The resident must wear a facemask or face covering over both the mouth and nose (if tolerated) throughout the visit. If you have any questions, concerns or would like more information regarding this poicy, please do not hesitate to contact The Seasons on their main line at 806-648-1884. This month, the activities available at The Seasons included Bingo, Movie Nights with cokes and popcorn every Wednesday with Bunko taking place every Tuesday. Exercise classes were scheduled for Monday, Wednesday and Friday. A Valentine Bag Decoration event gave residents the chance to personalize their own Valentine bag as well as exchange Valentines with other residents and family members. And please don't forget to stay tuned for the announcement of our 2021 Valentines Day King and Queen! 🎉



Employee Spotlight

BIRTHDAYS

Cinthia Perez - Jan. 2 Nikki Scarnati - Jan. 4 Brittany Gonzales - Jan. 6 Maria Puebla - Jan. 12 Maria Estrada - Jan. 13 Janice Gabrang - Jan. 13 Brenda Villa - Jan. 13 Kevelin Becerril - Jan. 14 Zulema Garcia - Jan. 14 Hayle Hill - Jan. 14 Maria Gonzalez - Jan. 18 Julia Buttry - Jan. 20 Keeley DeWitt - Jan. 22 Mary Sanchez - Jan. 23 Ana Roman - Jan. 24 Sheril Kelley - Jan. 25

Lyndsay Warnke - Jan. 26 Aurora Carnero - Jan. 28 Kelsie Dorman - Ian. 28 Debbie Beck - Jan. 29 Caitlin Sell - Jan. 30 Thelma Valenzuela - Jan. 30 Julie Diaz - Jan. 31 Halle Hulsey - Feb. 8 Brandy Wright - Feb. 14 Carmen Bernal - Feb. 15 Callan Godino - Feb. 16 Aida Medina - Feb. 21 Edgar Gutierrez - Feb. 23 Shayla King - Feb. 25 Diana Gonzalez - Feb. 26 Jesi Robison - Feb. 28

OGH ANNIVERSARIES

Maria Hernandez - 1 Year Keeley DeWitt - 1 Year Michael Mitchell - 1 Year Curtis Parker - 1 Year Lexi Pshigoda - 1 Year Sally Ancona - 2 Years Jerra Lowrey - 2 Years Hannah Mayfield - 2 Years Karel Espinoza - 3 Years Pam Miller - 3 Years Imelda Matias - 4 Years Corina Ramirez - 4 Years Brenda Villa - 4 Years Kelsie Dorman - 5 Years

Steven Waide - 5 Years
Maria Rodriguez - 6 Years
David Pope - 6 Years
Iris Ayala - 8 Years
Magdalena Guzman - 9 Years
Martha Castro - 11 Years
Martha Ramirez - 11 Years
Gretchen Good - 13 Years
Alyce Morton - 13 Years
Vicki Risner - 13 Years
Kelly Judice - 20 Years
Sheril Kelley - 28 Years
Patricia Garcia - 33 Years
Marolan Smith - 35 Years

OGH NEW ROCKSTARS

Emori Beattie Aurora Carnero Ashlei Chriestenson Mary Heckman Yolanda Hermosillo Krista Kelley Shawna Merriman Maria Puebla Lacy Tyk

Apcoming Events

For more information on these activities, please visit our website at www.OchiltreeHospital.com or contact Lynsey McAnally at 806-648-7402.

HOMETOWN HEALTHCARE PROVIDERS



Manon E. Childers, III, M.D. Emergency Room Physician 806-435-6856 3006 Garrett Dr., Perryton, TX



Blake DeWitt, M.D. Family Practice/Obstetrics/Surgery 806-648-9355 3020 Garrett Dr., Perryton, TX



Rex L. Mann, M.D. Family Practice/Obstetrics/Surgery 806-435-7154 3019 S Main St., Perryton, TX



Jennifer McGaughy, D.O. Family Practice/Obstetrics 806-435-7224 3101 Garrett Dr., Perryton, TX



Rick Siewert, D.O. Family Practice/Sports Medicine 806-435-9626 3006 Garrett Dr., Perryton, TX



Lisa Brown, FNP-C Advanced Nurse Practitioner 806-658-4531 146 Pioneer Dr., Booker, TX



Deirdre Floyd, FNP-C Advanced Nurse Practitioner 806-435-7224 3101 Garrett Dr., Perryton, TX



Suzanna Jarrell, FNP-C Advanced Nurse Practitioner 806-435-7224 3101 Garrett Dr., Perryton, TX



Alyce Morton, FNP-C Advanced Nurse Practitioner 806-435-7224 3101 Garrett Dr., Perryton, TX



Corina Ramirez, FNP-C Advanced Nurse Practitioner 806-648-9355 3020 Garrett Dr., Perryton, TX

Physician photos by Tanya's Creative Images

EMPLOYEES OF THE MONTH

ach month Ochiltree General Hospital recognizes one outstanding staff member for their dedicated service to providing quality healthcare in our community. Since December, two more well-deserving staff members have been honored by being named Employee of the Month. The Employee of the Month for December is Ashley Boyd who is the Quality Improvement Director here at OGH. The Employee of the Month for January is Iris Ayala who is a team member in the Respiratory Therapy Department.





CONTACT US

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Would you like updates from Ochiltree
General? Email Imcanally@oghtx.com to get

on the Ochiltree General eList.

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