The Heart of a Healthy Community



CONGRATULATIONS TO OUR 2019 GRADUATES

As the academic year comes to a close, the next chapter is about to begin for many local high school seniors. From everyone at Ochiltree

following high school graduates:
Colton Cates, son of David and
Sami Contreras, graduated from
Tascosa High School in Amarillo,

• Evelyn Faith Ortega, daughter of Adrian and Karen Ortega, graduated from Perryton High School. Evelyn is the granddaughter of Ochiltree

Congratulations Class of 2019!



General Hospital, congratulations to all of our 2019 graduates in Ochiltree County and beyond. One of the things Ochiltree General prides itself on is the family atmosphere shared by employees, patients and the community. With that in mind, Ochiltree General would like to announce the

Texas. Colton is the grandson of Ochiltree General's Marolan Smith.

- Range Clapp, son of Ochiltree General's Deirdre Floyd, graduated from Perryton High School.
- Destiny Herndon, daughter of Erick and Judy Valenzuela and Alvin Herndon, graduated Perryton High School.

General's Carmen Ortega.

- Kate Ramirez, daughter of Joaquin and Martha Ramirez, graduated from Perryton High School.
- Connor J. Schaffner, son of Landon and D'dee Schaffner, graduated from Moore High School in Moore, Oklahoma. Connor is the grandson of Ochiltree General's Leroy Schaffner. Continued on Page 2

DON'T MISS YOUR FREE ANNUAL WELLNESS VISIT!

Once every 12 months Medicare provides what is known as an Annual Wellness Visit which is free to all Medicare beneficiaries who have Part B. We here at Ochiltree General have been talking about this a lot over the past few years – postcards, newsletter articles, radio spots, and so on – because we want you to be able to take full advantage of the benefits you have earned.

Annual Wellness Visits are designed to help prevent disease and disability based on your

current health and risk factors. Your provider will ask you to fill out a questionnaire - called a Health Risk Assessment - as part of this visit. Answering these questions can help you and your provider develop a personalized prevention plan to help you stay healthy! It can also include: a review of your medical and family history; developing or updating a list of current providers and prescriptions; personalized health advice; and an opportunity to discuss advance care planning.

Please, for the sake of your loved ones, take advantage of this opportunity.

Don't have a local Primary Care Provider? That's ok because there's a list at the back of this newsletter and every one of them is absolutely outstanding with years of experience. So no matter whether you contact your current provider or are new to the community and choose one of the excellent providers from the list in this newsletter, you are telling Medicare that it is

Continued on Page 2

MEDICARE

Continued from Page 1 important to you that we keep quality health care services here in our communities – and that's important, too!

So, please, schedule your visit today. We – all of your local

healthcare providers – know and understand that you have a choice. We will work hard every day to continue to earn the privilege of providing for you and your loved ones because Ochiltree General Hospital is committed to being the heart of our healthy community for the long haul.

GRADUATES

Continued from Page 1

- Kynleigh Vela, daughter of Noon and Brenna Vela, graduated from Perryton High School.

 As they further grow in knowledge and continue their academic careers, Ochiltree General would like to congratulate the following Junior High graduates:
- Brianna Davila, daughter of Salomon Davila and Karla Ortega, graduated from Gruver Junior High School in Gruver, Texas. Brianna is the granddaughter of Ochiltree General's Juanita Ortega.

Though they are just beginning their academic careers, Ochiltree General would also like to recognize our youngest graduates:

- Joslyn Blodgett, daughter of Randy and Kris Ann Blodgett, graduated from Preston Smith Elementary in Lubbock, Texas. Joslyn is the granddaughter of Richard and Debbie Blodgett.
- Anthony Bradley, son of Vanessa Sanchez, graduated from Perryton

Kinder. Anthony is the grandson of Ochiltree General's Mary Sanchez.

- Kayla Duron, daughter of Armando Duron and Edith Guzman, graduated from Wheeler Kindergarten in Wheeler, Texas. Kayla is the granddaughter of Ochiltree General's Magdalena Guzman.
- Mandy Holland, daughter of Barrett and Chelsea Holland, graduated from Perryton Kinder. Mandy is the granddaughter of Ochiltree General's Teresa Holland and niece of Brittany Gonzales.
- Grason Lizardo, son of Ernesto and Candace Lizardo, graduated from Perryton Christian Academy.
- Madden James Scarnati, son of Ryan and Nikki Scarnati, graduated from Perryton Christian Academy. In addition, Ochiltree General would also like to congratulate our college graduates. They include:
- Debbie Beck graduated with her Associates in Science degree from

Frank Phillips College. Debbie is employed as the Director of Human Resources at Ochiltree General Hospital.

- Lisa Brown graduated with her Master of Science in Nursing degree from the University of Texas at Arlington. Lisa is employed as a Nurse Practitioner at Ochiltree General Hospital.
- Christa Kelley graduated with her Associates in Science degree from Frank Phillips College. Christa is the granddaughter of Ochiltree General's Sheril Kelley.
- Itzel Olmos graduated with her Associates in Science degree from Frank Phillips College. To all of the graduates, your hometown hospital wishes you all the best in your future endeavors.

Way to make our community proud!

Article compiled by: Jessie Mayo

Would you like contribute to the future of local heatth care?

Here at Ochiltree General Hospital we are dedicated to providing outstanding ethical and professional service while offering the highest standard in health care. With the modernization and expansion of the surgical suite, ancillary services and rural health clinic, OGH will continue providing hope and healing at home, helping vitalize Perryton and surrounding communities for decades to come.

For more information, please visit www. ochiltreehospital.com/oghfoundation or contact Outreach Director Lynsey Mcanally at 806-648-7402.



WILLIS FOUNDATION



Dean Allen Willis

The Dean Allen Willis Foundation was created to support education and training for Ochiltree General Hospital medical personnel in the fields of trauma and emergency

care. These courses help the hospital to maintain its Level IV Trauma center accreditation.

The foundation assists with tuition and travel-related expenses, such as mileage, hotels and meals. Some of the training takes place at OGH. This allows more of the medical team to take advantage of the learning experience without having to leave Perryton.

Many of these courses are required every two years for our health professionals to refresh their skills. A nursing representative from OGH attends the Regional Advisory Council on Trauma and the Texas Trauma Coordinator Forum to stay up-to-date on the latest techniques and equipment.

Nurses are certified in advanced cardiac life support, emergency nurse pediatric course, pediatric advanced life support, fetal heart monitoring, neonatal resuscitation, cardio pulmonary resuscitation and trauma nurse core curriculum.

Doctors take courses in advanced cardiac life support, pediatric advanced life support, advanced trauma life support and advanced life support in obstetrics. The Dean Willis Foundation also offers a nursing scholarship. The scholarship seeks those willing to work at OGH in exchange for tuition and related expenses. The goal is to hire additional registered nurses for the hospital.

Dean Willis died in 1996 from injuries sustained in an auto accident. His family desired to honor his life by helping Ochiltree General Hospital.

The Dean Allen Willis Foundation qualifies as a 501 (c)3 tax-exempt organization and encourages donations. The mailing address is P.O. Box 1046, Perryton, TX 79070. Tax-deductible contributions will help benefit health and emergency care for Perryton and the surrounding area. 🧨

Article provided by: Suzanne Willis The Dean Allen Willis Foundation

Employee Spotlight

BIRTHDAYS

MAY

Adam Day - May 2 Maria Hernandez - May 2 Jyme Kinnard - May 6 Rachel Herrington - May 13 Imelda Matias - May 13 Kelly Cowan - May 16 Iris Herrera - May 16 Martha Ramirez - May 16 Marolan Smith - June 23 Marcy Mitchell - May 17 Corina Severn - May 18 Rachel Holloway - May 24 Leticia Gutierrez - May 25 Neely Tarango - May 26

JUNE

Zulema Miranda - June 3 Jessica Russell - June 4 Donna Tarango - June 7 Sandra Burton - June 9 Patricia Garcia - June 15 Joann Heck - June 17 Alexis Lugo Castellanos - June 17 Chrystal Ceniceros - June 30

OGH ANNIVERSARIES

MAY

Judy Valenzuela - 2 Years Lupe Cervantes - 3 Years Carmen Ortega - 3 Years Brandy Wright - 4 Years Julee Stringfield - 5 Years Marcy Mitchell - 6 Years Corina Severn - 6 Years Caitlin Tarvin - 8 Years Mary Sanchez - 11 Years Eva Hargues - 13 Years Carrie Olivarez - 16 Years Elena Borunda - 30 Years

JUNE

Maria Hernandez - 1 Year Blanca Navarette - 2 Years Diana Paz - 2 Years Kevelin Becerril - 3 Years Misty Lira - 3 Years Virginia Chairez - 4 Years Casey Money - 4 Years Alejandra Villalba - 4 Years Leticia Gutierrez - 10 Years Madeleim Zavala - 5 Years Khristi Martinez - 12 Years Noon Vela - 13 Years David Daves - 14 Years Deirdre Floyd - 16 Years Dr. Tripps Childers - 33 Years Melanni Schollenbarger - 21 Years Rhonda Daniels - 31 Years

OGH ROCKSTARS

Katie Bingel Rosa Estrada Terrie Hailey Rio Judice

Tiffanie Lucero Holly Petrick Donna Tarango

Upcoming Events

For more information on events and activities at Ochiltree General, please visit our website at www. ochiltreehospital.com or contact Community Outreach Director Lynsey McAnally at 806-648-7402.

HOMETOWN HEALTHCARE PROVIDERS



Manon E. Childers, III, M.D. Family Practice/Obstetrics/Surgery 806-435-6856 3006 Garrett Dr., Perryton, TX



Blake DeWitt, M.D. Family Practice/Obstetrics/Surgery 806-648-9355 3020 Garrett Dr., Perryton, TX



Rex L. Mann, M.D. Family Practice/Obstetrics/Surgery 806-435-7154 3019 S Main St., Perryton, TX



Jennifer McGaughy, D.O. Family Practice/Obstetrics 806-435-7224 3101 Garrett Dr., Perryton, TX



Rick Siewert, D.O. Family Practice/Sports Medicine 806-435-9626 3006 Garrett Dr., Perryton, TX



Amy Dunn, DNP, FNP-C Advanced Nurse Practitioner 806-658-4531 146 Pioneer Dr., Booker, TX



Deirdre Floyd, FNP-C Advanced Nurse Practitioner 806-435-7224 3101 Garrett Dr., Perryton, TX



Alyce Morton, FNP-C Advanced Nurse Practitioner 806-435-7224 3101 Garrett Dr., Perryton, TX



Corina Ramirez, FNP-C Advanced Nurse Practitioner 806-648-9355 3020 Garrett Dr., Perryton, TX

Physician photos by Tanya's Creative Images

EMPLOYEES OF THE MONTH

ach month Ochiltree General Hospital recognizes one outstanding staff member for their dedicated service to providing quality healthcare in our community. Since April two more well-deserving staff members have been honored by being named Employee of the Month.

The Employee of the Month for April is Karel Espinoza who has been a member of the Admissions team at Ochiltree General since February 2018.

The Employee of the Month for May is Mary Sanchez who has been a team member at Ochiltree General since May 2008.





CONTACT US

Phone: 806-435-3606

Address: 3101 Garrett Dr., Perryton, TX Web: www.ochiltreehospital.com Youtube: @OchiltreeGeneralHospital

Would you like updates from Ochiltree General? Email Imcanally@oghtx.com to get on the Ochiltree General eList.